



## Upcoming Events

St Paul's Dance Night Date: Friday 13 September Time: 6:30pm School Photos Date: Monday 16 September -Friday 20 September SACE Stage 1 & 2 Parent Teacher Learning Conversations Date: Thursday 19 September Time: 3:45am - 6:00pm Class of 2023 Date: Friday 20 September Time: 5:00pm - 8:00pm

Old Scholars Reunion -Milestone years 1964, 1974, 1994, 2004, 2014 & 2023

### Date: Friday 20 September

# 1984 Old Scholars reunion

Date: Saturday 5 October -Monday 30 November Time: 3:00pm

## St Paul's Music Showcase

Date: Friday 18 October Time: 6:00pm

# Stage 1 SACE Kayaking Expedition

Date: Tuesday 24 September -Friday 27 September

### Catholic Schools Music Festival Performance Night

Date: Thursday 26 September Time: 7:30pm - 9:30pm

# Term 3 concludes 3.10pm

Date: Friday 27 September -Monday 30 November

### Term 4 commences

Date: Monday 14 October -Monday 30 November

### <sup>12.09.24</sup> From the Principal



Dear Friends and families of St Paul's,

This fortnight is a particularly significant fortnight in the life of the College (as they all are) for several reasons.

Last week was **ESO Appreciation Week**. ESO stands for Education Support Officer and at St Paul's this represents every member of staff who is not a teacher. Our college would simply not exist nor be capable of providing the holistic service we do without these staff members. They range from our Grounds and Maintenance team to our Finance and Admin staff, to our Academic Support staff. As we with all our staff we are absolutely blessed with the quality of staff who do this most important work for all of us. For many they work more weeks on site than our teachers and carry the loads of genuine carers for our families at important moments in their, and all our lives.

On behalf of the entire community, I thank all our ESO staff for their enormously enthusiastic work and support for us and hope they are both enjoying their role and understand how important they are to the life of the College.

#### Staff Professional Development Day

On Monday 7th September we had a student free day which to our staff is an important part of our Professional Development schedule for the year.

Throughout 2023 our Primary staff had a focus on trauma informed practice through the Berry Street organisation. Last Monday they continued their work with Anita Schneyder from Teams On Purpose further developing an understanding of the intricacies of what makes great organisations and great teams. Our Secondary staff undertook their Trauma Aware training through Connected Self Wellbeing Services. I am sure all families would agree these staff undertakings are crucial for the college to provide the absolute best educational service we can. We will continually strive for excellence in all we do and appreciate the support we receive from our families in supporting this endeavour.

#### **Cocurricular Assembly**

On Thursday morning we had the opportunity to celebrate our Yr 7-12 Winer Cocurricular assembly. These occasions are so especially important in the life of the College. As I explained to the staff and students the celebration is not simply an award ceremony for all those who perhaps have won an award, nor is it simply about saying thank you for all the staff and students who have participated in the myriad of opportunities that are provided within our community. The assembly and celebration are an opportunity to further develop a deep understanding of both WHO we are as St Paul's but more importantly WHY we exist.

We are a catholic school in the Edmund Rice Tradition. Our four college values are Faith, Relationships, Excellence and Diversity. The assembly acknowledges the importance of the "R" word i.e. RELATIONSHIPS and the vital role we all play in each other's lives. Cocurricular and sport activities all revolve around teams. They all reflect life itself with its successes and failures, difficulties and they help up build on the values we all need and value such as persistence, hard work, resilience, dignity, integrity, courage and most importantly humility. These values, as Sir Donald Bradman once said are totally compatible with pride, ambition, and competitiveness.

#### R U OK? day

I was particularly pleased that our cocurricular celebration assembly also occurred on the national R U OK? day. At St Paul's, given what I have just said

about the importance of relationships, means that we should be living, experiencing, and having an R U OK? day everyday of our lives. We should not have to even talk about it - it should simply be the very fabric of who we are and why we exist.

To let every person on this college site achieve their full potential, to know that they are loved and worthwhile is at the core of our existence. Our leadership model is that of servant leadership, as modelled by Jesus and Edmund Rice, and our care of each other must ensure that as much as humanly possible, students know there are people here that they can turn to without fear or failure, knowing they will be supported.

I thank all our staff, students and families who share this endeavour and who full-heartedly live the R U OK? mantra daily.

God Bless

Paul Belton



### From Frank Ranaldo, Acting Deputy Principal

#### Student Leadership

As I write, we are in the process of finalising our student leadership selection for 2025. It has been an extensive process, and this is to ensure that we select students who are best suited for these very important roles.

Our approach to leadership at St Paul's College is based on the model of the servant leadership, which acknowledges that every student has the capacity to exercise leadership. This model is one where those in leadership roles seek to enrich the experience of others through their service. This model of leadership reflects our values as a Catholic College in the Edmund Rice Tradition.

In any process such as this, some people miss out. Most people who fall into this category will feel hurt, and this is only natural. It is important to be positive and not to dwell on the negative, instead concentrate on improving, to prepare for the next opportunity.

#### Academic Achievement and Wellbeing

Academic excellence and wellbeing are inextricably linked — students learn best when their wellbeing is optimised, and they develop a strong sense of wellbeing when they experience success in learning.

Student wellbeing is the highest priority at St Paul's. This includes emotional, physical, spiritual, social and mental. Students are encouraged to maintain a healthy balance between their academic studies, recreation and sleep. For some of our senior students, this may include part-time work.

Our core business at St Paul's is to provide students with a rich learning environment that is open, respectful, caring and safe. We achieve this by developing and communicating an explicit commitment to wellbeing through our Pastoral Care Program. Through the work of our Leaders of Wellbeing, Leaders of House and our Counsellors in overseeing student wellbeing and the many programs offered, we maintain an environment which maximises student safety and wellbeing.

Academic success is made possible by the skilled and experienced teachers who guide our students throughout their educational journey with us. Our Leaders of Learning and teachers are passionate about their learning areas and pass their enthusiasm and knowledge on throughout the learning process. Through positive relationships with teachers, students are inspired to be the best they can be.

# From the Secondary Years

#### SCHOOL PHOTOS

Secondary school photos (Years 7 to 12) will take place in Week 9 on **Tuesday 17 September and Wednesday 18 September.** This will include both class photos as well as co-curricular photos.

All students are required to wear their full College (Winter) uniform, including blazer (no Year 12 jackets). Students who have PE practical on these days will be required to change before and after that lesson.

#### Key elements regarding uniform expectations are:

- 1. Boys must be clean shaven. Students who are not clean shaven will be asked to shave before their photo.
- 2. Haircuts must meet school policy.
- 3. Hair that is shoulder length or longer is to be tied back.
- 4. If students choose to wear make-up, it may only be minimal, light and natural coloured. Eyeliner, false/fake eyelashes and coloured lip cosmetics, for example, are not to be worn. Students with excessive make-up will be asked to remove it before their photo.
- 5. Piercings a maximum of one earring, in the lower lobe of each ear. No other piercings are allowed.
- If using clips or hair ties, they must be hair coloured, or the college colours (black or yellow/gold). Ribbons and scrunchies must be black or yellow/gold only
- 7. Religious head coverings may be worn in black, white or grey only

#### R U OK? DAY

'R U OK?' day aims to inspire and empower everyone to meaningfully connect with the people around them and start a conversation with anyone who may be struggling with life.

Thursday, September 12 was our National Day of Action when we remind each other that every day is the day to ask, "Are you OK?" if someone in your world is struggling with life's ups and downs. Throughout this week students have learned strategies on how to start a conversation with a close friend or family member to check in on them and understand that you don't need to be an expert to reach out, just a good friend and a great listener.

This can be done by following the 4 steps:

- 1. Ask R U OK?
- 2. Listen
- 3. Encourage action
- 4. Check-in

We encourage all of our students to check in on the people around them not just on R U OK? Day, but every day, to ensure that our community is one of welcome, care, and belonging.

Below are some key research-based strategies to promote a positive state of mental health:

**Exercise**: The positive links between exercise and mental health are endless. Exercise causes the brain to release 'feel good' chemicals like endorphins and serotonin that help improve mood.

It also improves fitness, which can help improve mood, and distract from negative thought patterns.

**Conversation**: Sometimes it is important to have a chat to get things off our chest and talk to someone. Talking about problems can release pent-up feelings, while talking to someone outside of the situation may help find a solution to the problem.

Mindfulness: Meditation has been proven to be useful in managing stress, reducing negative emotions, and controlling anxiety.

#### YEAR 12 TRIAL EXAMINATIONS

The upcoming Term 3 Holiday break will provide an opportunity for our Year 12 students to consolidate their learning for the year through Trial Examinations and Subject-Specific Workshops. Trial examinations will be held in the Mackillop Building from Wednesday 9 October to Friday 11 October. The Year 12 Examination timetable has been sent to all students and families this week, with more specific information.

#### UPDATED UNIFORM POLICY

In an update to the college uniform policy, at the start of 2025, all students will be expected to wear black leather lace-up shoes (business style – refer to image) with both the winter and summer uniform. Black leather sneakers will not be permitted as part of the school uniform.

Students and families are to ensure that they have addressed this by the start of 2025, and that they have purchased appropriate school shoes in preparation for next year.



The updated Uniform Policy can be accessed on the College website here

#### YEAR 12 REMINDERS

As we draw closer to the end of Term 3, the completion of the academic year is rapidly approaching for our Year 12 students. Completing secondary education is a significant event in the lives of young people, and I am sure that here will be mixed feelings across the cohort as some are looking forward to life after school with excitement, while for others there is a sense of apprehension, as they will soon leave the certainty of school life and embark on their future within society.

In saying this, there is still plenty of work to be done, and only 27 school days remain! Whether it be completing assessments or preparing for end of year examinations, our Year 12 cohort must continue to apply themselves and work hard until all work has been submitted, and examinations complete.

As a college, the Graduation of our Year 12 students is one of the most significant events in the calendar, and, as such, we ask for students and families to assist us in preparing for upcoming celebrations that will acknowledge and celebrate our Class of 2024.

Key dates and information for students and families are listed below:

#### Friday 27 September – Student Photographs Due

The Year 12 Graduation Dinner is a celebration of each graduating student and the Class of 2024 collectively. Our college asks every Year 12 student to provide information and images that will help make this celebration special.

Families are asked to select two or three personal (2 or 3) photographs; one photograph of your son aged between 0-7 years old and another photograph between 7 and 14 years old. These do not need to be school photos and can include family and baby photos. <u>Please send an electronic copy of each photograph to Ms Bec Woodcock by Direct message or email rwoodcock@stpauls.sa.edu.au by Friday 27 September.</u>

#### Graduation Dinner - Ticket Bookings now open

The Year 12 Graduation Dinner will be held on Thursday 21 November with your child, other graduates and their families, with a dinner at Sfera's Convention Centre, 191 Reservoir Road, Modbury.

<u>Tables:</u> Students or families who wish to be seated on a table with each other are required to include this on the booking form, along with any dietary requirements. The total number of people requested to be seated together is limited to 12. Where there is no request to be seated with other families, groups will be combined to ensure that each table has as close to 12 people as possible. There is no restriction on how many tickets can be purchased. Payment is also required for Year 12 students.

Payment can be made in person at the College office, by cash or credit card, or through our mobile payment app, Qkr.

The final date for Graduation Dinner payments is Friday 25 October.

#### ADVANCED NOTICE - CHANGES TO TERM 4 EVENTS

Following a review of our Term 4 calendar, please note some slight amendments to upcoming events.

### Thursday 24 October - 9:00am

#### Year 12 Celebration and Awards Assembly

The 2024 Year 12 Celebration & Awards Assembly will be held at in the College Gymnasium on Thursday 24 October 2024, commencing at 9:00am until 11.10am.

All Year 12 families are invited to attend.

This is a special assembly celebrating the achievements of our Year 12 students for the academic year and will involve several presentations by members of our community.

This is a **COMPULSORY** school event for all Year 7 to 12 students, to acknowledge the efforts of our Year 12 students and where we will also present our college's most prestigious awards.

Previously, this assembly celebrated all students from Years 10, 11 and 12. This will now be a stand-alone celebration of the Class of 2024, with Year 10 and 11 students recognised at an assembly later in the term, prior to Year 11 students' final day.

#### Friday 25 October - 9:00am

#### Year 12 Graduation Mass and Morning Tea

The Year 12 Graduation Mass & morning tea will be held on Friday 25 October in the College Gymnasium, to celebrate and farewell the Class of 2024.

# From the perspective of the College, this is the most important graduation event of the year and is a formal occasion that must be reflected in behaviour and dress.

#### All Year 12 families are invited to attend. This is a COMPULSORY school event for all Year 7 to 12 students.

At the conclusion of the mass (approx. 10:30am), Year 12 students and families are invited to the Mackillop Building at 10:30am to share a morning tea with the Class of 2024, and teaching staff.

Car parking for students and families will be made available on the College oval via the entrance on Blacks Road.

#### Wednesday 20 November - 9:00am

Year 10 and 11 Celebration and Awards Assembly

This is an assembly celebrating the achievements of our Year 10 and 11 students for the academic year and will involve several presentations by members of our community. Families of award winners will be notified and invited to attend.

This is a **COMPULSORY** school event for all Year 7 to 11 students.

#### Thursday 5 December - 9:00am

#### Middle Years Celebration and Awards Assembly

This is an assembly celebrating the achievements of our Year 7, 8 and 9 students for the academic year and will involve several presentations by members of our community. Families of award winners will be notified and invited to attend.

This was previously an after-hours event, which has now been moved to 9:00am.

This is a COMPULSORY school event for all Year 7 to 9 students.

Anthony Farina - Head of Secondary



### From the Primary Years

#### Dear Families,

In continuing to share information about how we address the impact of social media experiences on students in the Primary Years, this newsletter's focus is on how to counteract these negative effects. In today's digital age, social media platforms such as Instagram, TikTok and Snapchat are becoming increasingly popular among younger children. While these platforms offer ways to connect with friends and share experiences, it's important to understand the potential effects of underage use of social media on our children.

Self-Esteem Issues: Social media often presents an unrealistic view of life, filled with perfectly curated images and videos. Children, who are still developing their sense of self, may compare themselves to these unrealistic standards, leading to feelings of inadequacy and lower self-esteem.

Personal Wellbeing: Spending excessive time on social media can disrupt sleep patterns, reduce physical activity and increase exposure to cyberbullying. These factors can negatively impact a child's mental and physical health, leading to anxiety and other well-being issues.

Social Interactions: Ironically, while social media is designed to connect people, it can hinder face-to-face interactions. Children who spend a lot of time online may miss out on developing essential social skills, such as reading body language, maintaining eye contact and engaging in meaningful conversations.

To counteract the negative effects of social media, it's crucial to encourage children to engage in various offline activities. These activities can significantly enhance their self-esteem, well-being and social interactions.

Boosting Self-Esteem: Participating in sports, Arts and other hobbies, allows children to discover their strengths and talents. Achieving goals in these areas, whether it's scoring a goal in soccer or completing a painting, can provide a sense of accomplishment and boost self-confidence.

Enhancing Personal Wellbeing: Activities such as playing outside, reading books or practising mindfulness can improve both physical and mental health. Physical activities promote fitness and reduce stress, while creative and mindful practices can enhance emotional stability and cognitive development.

Improving Social Interactions: Engaging in group activities such as team sports, drama clubs or community service projects helps children develop essential social skills. They learn to work as part of a team, communicate effectively and build lasting friendships.

As parents and educators, it's our responsibility to guide children towards a balanced approach to technology.

It is important to limit screen time and encourage a variety of offline activities that contribute to a well-rounded development.

By fostering an environment where children feel valued for their unique talents and abilities, we can help them build a strong sense of self-esteem, maintain personal well-being, and develop meaningful social interactions.

We need to continue to work together to create a healthy balance and ensure children grow up happy, confident and well-rounded. Please keep discussing these topics with your children. Together, we can make a positive impact on their development and well-being.

Marianne Loftus - Head of Primary Years

# Catholic Schools Music Festival

#### Siblings in Harmony at the Catholic Schools Music Festival

The Catholic Schools Music Festival, one of the premier arts events for Catholic Education in South Australia, will be taking place in Week 10 of Term 3, and St Paul's College is proud to be part of this exciting event.

Our students will be representing the College in both the Festival Choir, the stars of the show and the Combined Boys Choir, with a special highlight this year: siblings Zach, Tyler, and Sophie singing together as part of the 350-voice massed choir. It's rare to see siblings performing together on stage, and we are fortunate to have them, alongside 22 other St Paul's students, most of whom are from Years 5 and 6, as well as a few secondary boys.

Participation in this cocurricular activity requires immense dedication, with students committing to three school terms of preparation, including at least two rehearsals each week. Their hard work and talent will be showcased in what promises to be a great night of musical performances.

St Paul's College students will perform on Thursday, September 26, at 7pm at the Festival Theatre. The concert runs for approximately two hours without an interval.

#### Tickets are available now at: Where Dreams Begin tickets | Festival Theatre | Ticketek Australia

We encourage families to come along and enjoy a night filled with music, featuring foyer acts before the main event.



Music Showcase 2024



St Paul's families and friends are warmly invited to attend our St Paul's Music Showcase - 18 October at the Norwood Concert Hall.

This is a fantastic opportunity for our cocurricular music ensembles and selected soloists to demonstrate all they have been working on this year. Our Catholic School's Music Festival Primary Choir will be performing as well as our stage band, vocal ensemble and rock bands.

Doors open 5:30pm for a 6pm start.

When booking tickets, please use the seating plan to choose seats and communicate with other families if you would like to sit on the same table. Use it as an opportunity to meet other music families!

General admission seating is also available in the balcony area.

This is a seated, cabaret style event and BYO dinner/snacks is encouraged if you are booking seats at a table.

The bar will be open all evening for purchasing of alcoholic and non-alcoholic drinks.

Please purchase tickets prior to the performance online here. Ticket bookings will close at 6pm on October 17.

We can't wait to see you there!

Leanne Savill - Music and Performance Coordinator

# SACE PE Volleyball Carnival

On Wednesday, September 4 our Year 12 PE class participated in a SACE PE Volleyball Carnival. The carnival was designed to allow for authentic learning through the AT3 Task, which is a group dynamics task. This task required students to form teams and coach these teams (or individuals within the team) to improve their volleyball skills and gameplay. Having a competition towards the end of the unit gave the students a bit more motivation to ensure they had improved as a team. The carnival included 24 teams from 10 different schools in a Round Robin event. The St Paul's class was split into 2 teams (The Swords and The Cockatoos) at the start of the term, with both teams competing in the carnival. Overall, the teams employed the tactics they had been perfecting throughout the term and put their skills to the test, both coming out of the minor rounds 3rd place in their pools, winning 3 and losing 2 games. In the finals, both teams won 1 and lost 1 match (both against King's Baptist Grammar School) to end the carnival in 10th and 11th position overall. It was a great effort by the teams, but ultimately a valuable experience to be applied in what will be their final PE assignment of the year.

Ryan Austin - Year 12 PE Teacher



# Stage 1 Outdoor Ed Kayaking

In preparation for their four-day expedition on Ral Ral Creek in Week 8, the Stage 1 Outdoor Education class spent a day at Westlakes learning kayaking basics with Canoe the Riverland. They practiced key skills, including forward paddling, backward paddling, sweep strokes, rafting up, and how to safely capsize. In addition to mastering these essential techniques, the students were given a practical demonstration on how to pack a kayak and spent time reviewing the route they would take on their upcoming expedition.

The day wasn't without its challenges, as students had to deal with cold and wet conditions throughout the session. Despite the weather, the group remained focused and enthusiastic, showing great determination to build the skills they will need for the expedition. The day provided valuable practice and left the students feeling more prepared for their adventure ahead.

Jessica Stace - Leader of Learning - Health & PE



# Senior Robotics

Last Sunday 8 September marked the start of the 2024-2025 FTC Challenge, Into The Deep. The Paladins, St Pau's FTC Robotics Team headed over to RoboRoos in Tonsley Innovation District to participate in the Kick Off from 11AM to 3:30PM. Kick Off is an annual event that brings all the FTC teams in South Australia together to begin the new season. The teams watched a video that explained the new game and all the rules we need to follow. We then work in teams to brainstorm ideas and document our initial planning. The Paladins are currently in their first stages of brainstorming, organising roles and assigning tasks to the nine incredible members of the team, under the guidance of Mr Michael White, our coach. The Paladins will be working tirelessly over the next 7 weeks, meeting twice a week after school, to ensure we are prepared and ready for the FTC State Championships being held on the weekend of November 16 and 17. If you would like to know more about how the FTC games work, please have a look at this **website**.



## E-Games

This year St Paul's College competed in the One Heart E-Sports League hosted by Gleeson College, with Thomas More College and Unley High School competing in the league as well. Students competed in a range of E-Sports, such as Mario Kart, Super Smash Bros and Rocket League. We had students come runner up in the Rocket League and Mario Kart categories, which is a fantastic achievement being the first time we have competed in this tournament. A big thank you to Gleeson College, for their organisation and hosting the event.

Carlo Librino - Leader of Wellbeing - Middle Years



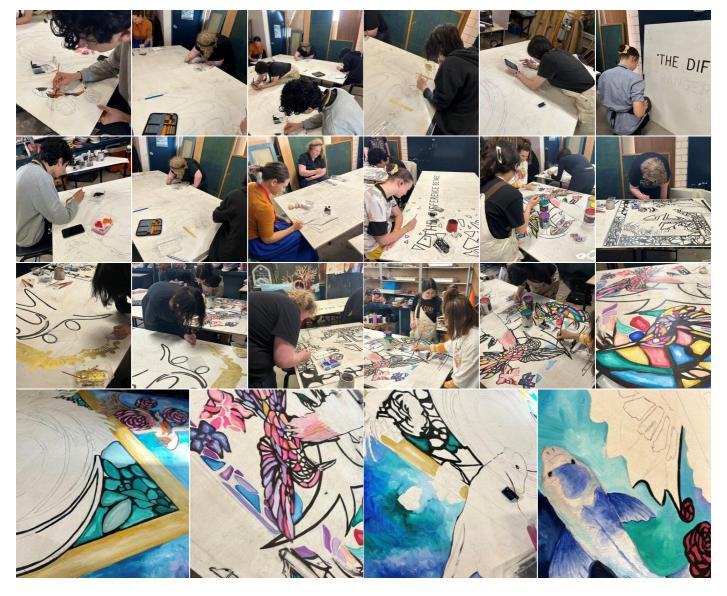
# Mural Update: A Sneak Peek into the Creative Journey

Excitement is building as the mural project continues to take shape! Students Rylan, JJ, Caitlinn, Tamer, and Angelina have been working closely with artist Holly, and they've loved every minute of the process so far. Their creative thinking is being explored as they collaborate on this meaningful piece for our school.

The mural tells a powerful story, taking viewers on a journey through a student's time at St. Paul's College. It reflects how our touchstones of education, spirituality and values help shape each student, allowing them to flourish both in school and beyond.

We can't wait to see the final masterpiece! Stay tuned for more updates.

Sarah Fedele - Leader of Learning the Arts



# SAPSASA Athletics Carnival

We recently had the fantastic opportunity to take 30 of our primary students to the SAPSASA North East Athletics Carnival at Bridgestone Arena, and their performances were outstanding!

Our students eagerly embraced the challenge, displaying dedication, hard work, and determination throughout the day. We are extremely proud of each and every one of them for their efforts and sportsmanship.

Here are some standout performances:

U10 Girls:

- Kayla: 1st in both the 800m and 1500m (in Year 3!)
- Sassi: 3rd in long jump

#### U10 Boys:

- Young: 1st in all 5 events (100m, 200m, high jump, long jump, and shot put)
- Jayden: 2nd in 100m, 200m, and high jump
- Ollie: 1st in 800m and 1500m
- Sultan: 1st in discus
- Jace: 3rd in long jump

#### U11 Girls:

• Simay: 1st in 800m and 2nd in 100m

#### U11 Boys:

- Daniel: 1st in 100m and 200m
- Brandon: 1st in long jump

#### U12 Girls:

- Lily: 2nd in high jump
- Emma: 3rd in long jump

A special congratulations to Kayla, Young, Ollie, Sultan, Jayden, Daniel, Brandon, Simay, and David S for being selected to compete in the State SAPSASA Carnival in Week 9. These students will represent the North East District, and we can't wait to see them shine!

Well done to all our athletes for their impressive performances!

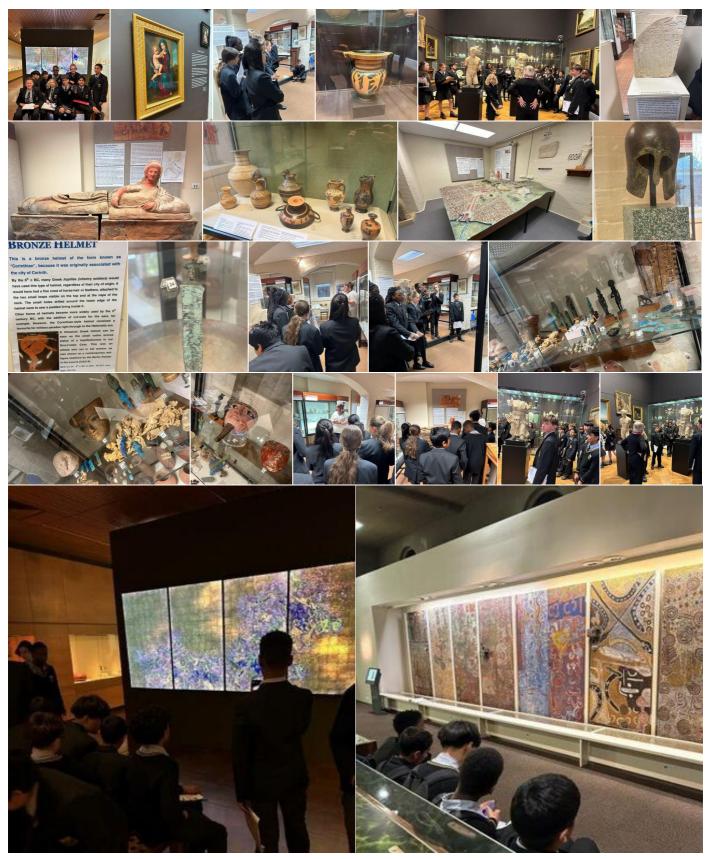


# Year 7 Ancient Artefact Excursion

Our Year 7 students recently enjoyed an exciting excursion to explore ancient artefacts as part of their History Curriculum. Students visited the South Australian Museum, the Art Gallery of South Australia, and the Museum of Archaeology at Adelaide University.

The students were fascinated by the artefacts they saw and learned about. This excursion helped students connect what they have been learning in class to real-life objects and history. Students took photographs of ancient artefacts which they will use for an upcoming assessment. It was a fun and educational experience for everyone involved!

Sarah Fedele - Acting Leader of Learning Middle Years LEAF



# Adam Page Music Incursion

Our music students were fortunate enough to watch a performance and participate in a workshop with multi-instrumentalist and composer Adam Page.

Adam is known for his looping performances and demonstrated how to use looping pedals with our students. Our Year 7 music students have been learning trumpet, trombone and saxophone in their class room music lessons, and some students brought their instruments along and participated in a workshop, building some musical skills and working collaboratively with each other.

Our Year 6 students enjoyed working with Adam in the afternoon and loved learning about some different instruments and found sounds. Our Stage Band worked with Adam on some new repertoire and focussed on some fine tuning!

We are very grateful that Adam was able to fit us into his schedule and we hope to have him back next year.

Leanne Savill - Music and Performance Coordinator



# SACPSSA Touch Footy Carnival

On Monday we took 43 students in year 5/6 to the SACPSSA touch footy carnival to consolidate learning touch football in PE lessons. Our students represented the school in 5 separate teams and each played 6 matches throughout the day against other schools.

Overall, our combined record for the day was 27 wins and 3 losses, very impressive especially given the challenging weather.

Well done to all involved!

Chad Wood - Primary PE Teacher



### Year 10 Retreat

Last week, our Year 10 students participated in their Retreat Day, centered on the theme "The Ground Beneath Your Feet." The day encouraged students to reflect on their life priorities and the values they choose to shape their path forward. They engaged in activities like walking together, journaling, sharing ideas, and praying. A big thank you to our dedicated staff who supported the students throughout the day, and to our Year 10s for their enthusiastic participation.



# Vinnies Winter Appeal

Thanks to all of our students and families who contributed to our Vinnies Winter Appeal. The materials collected continue to provide support to families doing it tough in our local community even as we head to the warmer months.

Over the past four weeks, our St Paul's community donated approximately 1000 items including blankets, socks, canned goods, sanitary items and toiletries, and breakfast items.

Our local Vinnies volunteers collected the St Paul's donations this week. The volunteers are visiting homes every day, bringing bags of groceries and household goods. Your donations will be serving the needs of our neighbours even as you read this.

We appreciate the generosity of our community, in enacting the words of Pope Francis and living "a way of practising the faith that helps open our hearts to our brothers and sisters".

Dale Clarke - APRIM



# Quiz Night 2024

Our recent Parents and Friends Quiz Night was a fantastic success! The evening was filled with laughter, friendly competition, and a great sense of community. Families, staff, and friends came together to test their trivia knowledge across a variety of fun and challenging categories.

In addition to the quiz, there were plenty of other exciting moments, with lucky raffle winners and silent auction bids adding to the thrill of the night. Congratulations to the winning trivia team for their impressive display of smarts, as well as to all our raffle and auction winners!

Special thanks to all who attended and supported the event, as well as our Parents & Friends Committee and Events Lead, Bec Woodcock who helped make it all happen. Funds raised will go towards supporting important school initiatives and enhancing the student experience at St Paul's College.

We look forward to seeing everyone at next year's event for more fun and rivalry!

Thank you to the following sponsors for their donations:

- Adelaide 36ers Basketball
- AFL Max
- Carl's Jr
- Evolve Chiropractic & Wellbeing
- Inflorescence Flowers
- La Bomba Latin Dance
- Laura Searle Clothing Alterations & Repairs
- Midford (uniform shop)
- Nicholas Rutten, Artist
- Officeworks
- Port Adelaide Football Club
- Priceline TTP
- Total Capture Photography
- Three Valley Gin
- Trialhopper Tours
- Tupperware
- Stratco
- Subway
- SPC Staff





# Homework Club

Monday to Thursday, between 3.20pm and 4.20pm, students from Years 5 to 12 are welcome to attend Homework Club in the Resource Centre. Staffing for Week 9 and Week 10 will be:

Week 9

Monday - Cristina Maiese (STEM) Tuesday - Stewart Fraser Wednesday - Trish Harding (STEM) Thursday - Tania Vial (Italian)

Week 10

Monday - Stash Domiszewski (Maths, English) Tuesday - Cristabell Iuliano (LEAF) Wednesday - Robert Nak (STEM, Business, Accounting) Thursday - Carey Taylor

# TAFE SA Kids Kitchen







### FUN-FILLED COOKING CLASSES FOR SCHOOL HOLIDAYS!

Whether your child is beginning their culinary journey as a Kinder Cook or advancing as a Growing Gourmet Chef, our classes offer a blend of fun, learning, and delicious culinary adventures.

Kids Kitchen is designed for children aged 4 to 12 and will be held from Wednesday, 9 October to Friday 11 October at **TAFE SA's Regency campus.** The classes take place in our commercial kitchens equipped with state-of-the-art facilities.

All ingredients are supplied. Just come along and enjoy!

### **KINDER COOKS (4 - 7 YEARS OLD)**

<u>Savoury Bakes\*</u> Wednesday 9 October | 9.00am - 12.00pm | \$65.00

Make tasty zucchini slice for a healthy snack, create pizzas from scratch, and finish with crispy cheesy straw twists.

<u>Heavenly Chocolate Treats\*</u> Thursday 10 October | 9.00am - 12.00pm | \$65.00

Decorate chocolate chip cookies, bake raspberry chocolate chip banana bread, and end with gooey chocolate brownies.

### **GROWING GOURMETS (8 - 12 YEARS OLD)**

#### Chocolate Delight

Wednesday 9 October | 9.00am - 12.00pm | \$68.00

Enjoy indulgent chocolate treats with our menu featuring classic Rocky Road, hand-rolled truffle balls, and fresh fruit skewers with a decadent chocolate fountain.

#### Yum Cha Express

Thursday 10 October | 9.00am - 12.00pm | \$68.00

Cook delicious finger foods to share with family and friends! Learn to make pot sticker dumplings, steamed bao buns, and crispy spring rolls with your favourite dipping sauces.

#### **Blissful Brunches**

Friday 11 October | 9.00am - 12.00pm | \$68.00

Make crumpets with your favourite toppings, create pancake kebabs with mini pancakes, banana, strawberry, and Nutella, and create a berry croissant bake to share with family.

#### **Spring Season Snacks**

Friday 11 October | 9.00am - 12.00pm | \$68.00

Get ready for a vibrant seasonal cooking session with garden-fresh produce turned into delightful pastries, flavourful lamb wraps, and fresh strawberry tartlets.

The South Australian



The South Australian Italian Community Language School is offering a new experience-based Italian language program for young people aged 8-14 years to enhance children and their understanding of language, culture and heritage.

The Italian Language Experience Program offers young people opportunities to learn the Italian language with peers while participating together in a range of experiences such as engaging with diverse cultural groups, and with Italian social media networks, visiting Italian fruit and vegetable gardens and markets and preparing Italian dishes and participating in virtual exchanges with peers in Italy.

More than traditional language classes this varied program brings young people together and provides opportunities to understand contemporary Italian Australian life and their heritage, using language and shared experiences to make these connections.

# SA ITALIAN COMMUNITY LANGUAGE SCHOOL

# Register today!

Scan the QR Code to complete online form and register your interest.



**The South Australian Italian Association (SAIA)** 262A Carrngton Street, Adelaide SA 5000

+61 492 205 319

🌐 saia.com.au





### Starting soon in 2025 !

Saturday mornings in Term 1 of 2025, an Italian language and culture program will run as a series of two-hour classes and we hope parents will also use this opportunity to meet and connect over a coffee while the classes are held.

### The first of its kind...

The first of its kind for the Italian community, the Italian Language Experience Program will be offered through the South Australian Italian Association with the supiport of Community Language Schools South Australia (CLSSA).

#### 21 / 21